

## What are National Guidelines?

So that everyone can benefit the most from health related research and to keep the uniformity in managing medical conditions National Guidelines are developed by the best in the respective fields. Development of many of these guidelines is facilitated by the prestigious national organizations like American Diabetic Association, National health Institute, American Allergy and Immunology institute. Common important guidelines include the ones of Diabetes, Asthma, and High Cholesterol and so on and so forth. If you have any chronic medical problem it will be a good idea to know what the guidelines recommend for your care and follow them to delay or avoid complications like blindness, heart attack, kidney failure etc. You can access all guidelines on line.

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