

## What if I only have one disease?

You may buy membership for one illness only. However we strongly encourage you to buy the full set as when you have one medical problem you must keep a close eye on other medical conditions as many a times medical conditions work together to cause damage to your body. For example if you have diabetes, high blood pressure will add to the risk of kidney failure, high cholesterol will add to the risk of heart attack and stroke and so on.

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