

**Q. How many gaps does ARAM look for?**

A. Based on what is your health status we evaluate you for thousands of possible gaps in your care. With changing guidelines we redefine your gaps and inform you accordingly. We remain up to date. For example – a few years ago a systolic (upper) blood pressure of 130 may not have been considered a gap in care. An extensive study showed that if the blood pressure is between 120 and 140, there are more chances of getting a stroke. So now a blood pressure of 130 is a gap in your care.