

Q. Shouldn't my provider know about all this?

- A. It takes 8 to 10 years for the message to get through. A landmark study in 1994 - DCCT (Diabetes Complications Control Trial) showed that keeping the blood sugar under control decreases chances of diabetic complications. 12 years later still 70% of diabetics have poor sugar control.

Five years ago American College of Gastroenterology came up with the recommendations for colonoscopy to detect cancer of colon early. 6 years later 70% people still do not have colonoscopy. Over 90% of high risk patients with family history of colon cancer or polyp still have not had their colonoscopy as recommended by the National Guidelines.

10 years ago the recommendations came for mammograms. 30% women still do not have mammograms as required.

We will educate you on the need of removing the gaps from your care, explain to you details about the gaps in your care; help remove the fear factor and encourage you and work with you (and with your permission your provider) to fix these gaps in your care.